



AGENDA

Sponsor Exhibits open from
7:30 a.m. to 4:00 p.m. in Ballroom A

7:30 a.m. - 8:45 a.m.

Registration *Ballroom D*

Continental Breakfast *Lobby outside Ballroom A*

7:30 a.m. - 4:00 p.m. "DESTINATION WELLNESS"
HEALTH SCREENINGS

Rooms 18 & 19; Ballroom A

- **Everyday Super Hero Skin Screening**
Sponsored by L'Oreal Paris,
Maybelline New York and Garnier *Ballroom A*
- **Your Joint Pain is Personal!**
Sponsored by Stryker Orthopaedics *Ballroom A*
- **Diabetes**
Sponsored by National Speaking of
Women's Health Foundation *Rooms 18 & 19*
- **Bone Health Screening**
Sponsored by Novartis *Rooms 18 & 19*
- **Heart Health Screening**
Sponsored by National Speaking of
Women's Health Foundation *Rooms 18 & 19*
- **Vision Screening**
Sponsored by Wal-Mart Vision Center *Rooms 18 & 19*
- **Foot Screening**
Sponsored by Tampa General Hospital *Rooms 18 & 19*
- **Balance**
Sponsored by Tampa General Hospital *Rooms 18 & 19*
- **Skin Cancer Screening**
Sponsored by USF Health
Dermatology and Cutaneous Surgery,
Cosmetic and Laser Center *Rooms 18 & 19*

NOTE: "Destination Wellness" Health Screenings and
Sponsor Exhibits will be closed from 12:30 p.m. - 1:30 p.m.

8:35 a.m. - 9:05 a.m. WELCOME AND OPENING REMARKS

Ballrooms B and C



Speaking of
Women's Health™
Be Strong • Be Healthy • Be in Charge

Tampa Convention Center 2008

9:05 a.m. - 9:55 a.m. KEYNOTE ADDRESS

Ballrooms B and C

- **Discover Your Everyday Super Heroes**
Speaker: Pamela Peeke, M.D., MPH, FACP

10:00 a.m. - 10:15 a.m. REFRESHMENT BREAK

Lobby Outside Ballroom A

10:15 a.m. - 11:00 a.m. BREAKOUT SESSIONS

- **Strong Women, Strong Bones**
Speaker: Maria Cannarozzi, M.D.
Sponsored by Novartis *Room 17*
- **Discover the "Super Powers" of Smart Skincare**
Speaker: Neil Fenske, M.D.
Sponsored by L'Oreal Paris,
Maybelline New York and Garnier *Rooms 24 & 25*
- **Your Joint Pain is Personal... So is Your Treatment**
Speaker: David T. Watson, M.D.
Sponsored by Stryker Orthopaedics *Room 21*
- **Health News Below Your "Super Hero" Belt:
For Women and Girls in Their Lives**
Speaker: Shelly Holmstrom, M.D.
Sponsored by Merck *Room 3*
- **To B(alance) or Not to B(alance) - A Revelation!**
Speaker: Bevv Beirl *Room 20*
- **Management of Urinary Incontinence:
Modern Answers to an Age Old-Problem**
Speaker: Raviender Bukkapatnam, M.D.
Sponsored by Medtronic *Room 22*
- **Discover Your Personal Rhythm**
Speaker: Daniel Abate B.S., B.A., *Rooms 1 & 2*
- **Nutrition, Exercise and Weight Management:
Facts and Myths You Should Know**
Speaker: Rodolfo Gari, M.D.
Sponsored by Tampa Bay Weight Loss Center *Room 23*

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11:00 a.m. - 11:15 a.m. REFRESHMENT BREAK

Lobby Outside Ballroom A

11:15 a.m. - 12:00 p.m. BREAKOUT SESSIONS

- **Cholesterol - What You Need to Know**
Speaker: Joan Alewine, R.N.
Sponsored by Blue Cross Blue Shield of Florida *Rooms 1 & 2*
- **The *KnowMenopause*: Inside and Out**
Speaker: Catherine Lynch, M.D., F.A.C.O.G.
Sponsored by *KnowMenopause.com* *Room 22*
- **Diabetes: New Management of an Old Disease**
Speaker: Rene Meehan, R.N., B.S.N., M.A., C.D.E.
Sponsored by Tampa General Hospital *Room 17*
- **Happy Feet: Relieving Some Common Foot Problems**
Speaker: Kristi Conway, DPM
Sponsored by Tampa General Hospital *Rooms 24 & 25*
- **Cosmetic Surgery Dreams Can Come True**
Speaker/ Sponsor: Joshua Halpern, M.D. *Room 21*
- **Keys to Protecting the Quality of Your Life**
Speaker: Kim M. de la Parte and Anita Richards
Sponsored by UBS *Room 23*
- **Prolapse Problems for Women**
Speaker: Lennox Hoyte, M.D.
Sponsored by Tampa General Hospital *Room 3*
- **Fatigue: Effective Ways to Cultivate Energy**
Speaker: Karen Koffler, M.D.
Sponsored by Canyon Ranch *Room 20*

12:15 p.m. - 1:55 p.m. LUNCHEON

Ballrooms B and C

1:55 p.m. - 2:35 p.m. KEYNOTE ADDRESS

Ballrooms B and C

- **Ladies, Life and Laughter**
Speaker: Kathleen Passanisi, PT, CSP, CPAE

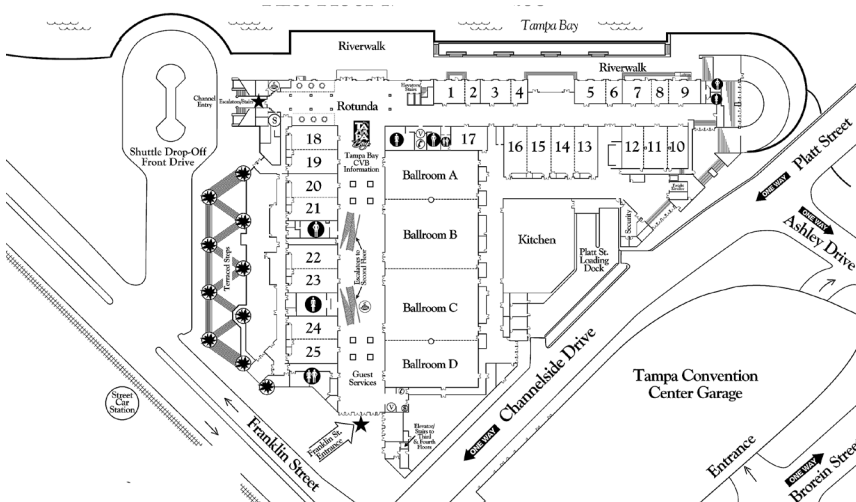
2:45 p.m. - 3:00 p.m. REFRESHMENT BREAK

Lobby Outside Ballroom A

3:00 p.m. - 4:00 p.m. BREAKOUT SESSIONS

- **Making the Most of Your Doctor's Appointment**
Speaker: Joyce Thomas, M.D.
Sponsored by Stryker Orthopaedics *Room 17*
- **Discover Your Everyday "Me Time"**
Speaker: Connie Gee
Sponsored by Huggies *Room 21*
- **Flex and Flexibility**
Speaker: Suzan L. Mekler
Sponsored by Tampa General Hospital *Rooms 1 & 2*
- **Is it Me or My Memory? Memory Changes Over the Lifespan**
Speaker: Seema Eicher Ph.D.
Sponsored by Tampa General Hospital *Rooms 24 & 25*
- **Guilt-Free Choices for Life and Style**
Speaker: Debbie Lundberg *Room 20*
- **Adventures in Motorcycling: Women Don't Settle for a Back Seat Anymore**
Speakers: A Panel of Experts and Enthusiasts
Sponsored by Jim's Harley-Davidson *Room 23*
- **Adventures in the Great Outdoors: Women Leading the Way**
Speaker: Captain Leiza Fitzgerald and Sandy Bloise *Room 22*

4:00 p.m. EXHIBITS & SCREENINGS CLOSE



WEDU would like to thank everyone for participating in today's event. For more information about WEDU programming, special events, outreach efforts, community partnerships or how you can make a difference with your support, visit wedu.org or call 800.354.9338.